

# DETOX Breakfast Menu

## SMOOTHIES

Frozen berries, banana and almond smoothie

Detox green smoothie

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## SMOOTHIE BOWLS

Chia seeds, almond and mango breakfast bowl

Fresh figs and muesli bowl

Vegan overnight oats

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## PROTEIN BARS

Three flavours available

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## BREAKFAST SALADS

Watermelon and fresh berries salad with crunchy oats

Chia seeds, granola, avocado and banana

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## HOT BREAKFAST

Courgette & Goat's Cheese Tortilla

Smoked salmon and smashed avocado on sourdough  
toast

Spring greens Shakshuka